

PARAMEDIC REFRESHER REQUIREMENTS

You may complete state or CECBEMS (F1, F2, F3*, F5) approved continuing education equivalent to a Refresher Course if one is not required by your state. You may count education received in lectures, standardized courses (such as ABLIS, ACLS, EMPACT, PEPP, PALS, PHTLS, ITLS, etc.), college courses, in-service training, case reviews, conferences, etc.

* Up to 10 hours of the refresher may be completed through Distributive Education (online, CECBEMS F3 video, magazine-based).

You must ensure that you cover every topic within the four divisions of the mandatory core content. You must also cover each of the five divisions of the flexible core content; however, you are not required to cover each topic within the flexible core content.

MANDATORY CORE CONTENT

Airway, Breathing and Cardiology

- 8 hours**
- Provide ventilatory support for a patient
 - Attempt to resuscitate a patient in cardiac arrest
 - Provide care to a patient who is experiencing cardiovascular compromise
 - Provide post-resuscitation care for a cardiac arrest patient

Medical Emergencies

- 3 hours**
- Assess and provide care to a patient who is experiencing an allergic reaction
 - Assess and provide care to a patient who has a possible overdose
 - Assess and provide care to a drowning patient

Trauma

- 5 hours**
- Perform a primary survey
 - Assess a patient who has a head injury
 - Assess and provide care to a patient who has a suspected spinal injury
 - Provide care to a patient who has a chest injury
 - Provide care to a patient who has an open abdominal injury
 - Provide care to a patient who has shock/hypoperfusion

Obstetrics and Pediatrics

- 8 hours**
- Assess and provide care to an infant or child in cardiac arrest
 - Assess and provide care to an infant or child who has respiratory distress
 - Assess and provide care to an infant or child who has shock/hypoperfusion
 - Assess and provide care to an infant or child who has trauma

24 hours

National Registry of Emergency Medical Technicians®
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FLEXIBLE CORE CONTENT

Airway, Breathing and Cardiology

- 8 hours**
- Assess and provide care for an adult patient who has respiratory distress
 - Use oxygen delivery system components
 - Perform techniques to ensure a patent airway
 - Assess and provide care to a patient who is experiencing non-traumatic chest pain/discomfort

Medical Emergencies

- 5 hours**
- Assess and provide care to a patient who has altered mental status
 - Assess and provide care to a patient who has a history of diabetes
 - Assess and provide care to a patient who is experiencing a seizure
 - Assess and provide care to a patient who was exposed to heat or cold
 - Assess and provide care to a patient who is experiencing a behavioral problem
 - Assess and provide care to a patient who has a suspected communicable disease

Trauma

- 1 hour**
- Provide care to a patient who has a painful, swollen, deformed extremity
 - Assess and provide care to a patient who has a burn injury

Obstetrics and Pediatrics

- 8 hours**
- Assess and provide care to an infant or child who has suspected non-accidental trauma or neglect
 - Assess and provide care to an infant or child who has a fever
 - Assess and provide care to an obstetric patient
 - Provide care to a newborn
 - Provide care to a mother immediately following delivery of a newborn

Operational Tasks

- 2 hours**
- Use body mechanics when lifting and moving a patient
 - Communicate with a patient while providing care

24 hours



Nationally Registered
PARAMEDIC (NRP)

HOW TO MAINTAIN YOUR
NATIONAL EMS CERTIFICATION

2014-2015 Recertification Requirements

National Registry of
Emergency Medical Technicians®
THE NATION'S EMS CERTIFICATION®



PARAMEDIC RECERTIFICATION REQUIREMENTS

Thank you for your commitment to recertification. National EMS Certification gives you recognized credibility across the nation and demonstrates your desire to serve the public with the highest standards. Your certification will continue to serve you well during the course of your EMS career.

If your employer requires you to maintain National EMS Certification, you must submit your recertification materials to the NREMT by February 15th of the year your certification expires.

To Apply for Recertification You Must:

1. Be actively using your Paramedic skills within a patient care setting.
- NOTE: If you are not currently using your Paramedic skills in a patient care setting, but meet all other recertification requirements, you may request Inactive Status. If you wish to request Inactive Status and this is your first time to recertify, you must provide documentation that you have worked in a patient care setting using your Paramedic skills for at least 6 months.**
2. Demonstrate continued cognitive competency by examination or documentation of continuing education.
3. Maintain skills as verified by your physician Medical Director (requires a signature or electronic signature on your recertification application validating competency of skills).
4. Have a BLS-CPR for the Healthcare Provider or equivalent credential that is current on your March 31 expiration date. Verification may be in the form of an instructor's signature on the recertification application or a copy of both sides of the card.
5. Have an ACLS credential that is current on your March 31 expiration date. Verification must include a copy of both sides of the card or a statement of equivalent competency per affirmation of the Medical Director.
6. Submit your completed recertification application prior to March 31 of the year your certification expires.

Demonstration of Cognitive Competency Options(2)

Once you have completed the continuing education requirements outlined in this brochure, you may recertify in the following ways:

1. Recertification by Examination

OR

2. Documentation of Continuing Education

- Electronically: log in to your NREMT account and fill out your electronic recertification application
- OR**
- Paper: print a recertification form from the NREMT website and mail it to the NREMT.

Recertification by Examination Option

This option enables you to demonstrate continued cognitive competency without documenting continuing education.

- Log in to your NREMT account. Complete a recertification by examination application and pay the exam fee. **NOTE:** Be sure you complete the recertification application and **not** the initial entry application.
- After 24-48 hours, login to your NREMT account and print your Authorization to Test (ATT) letter. Follow the directions in the letter to schedule your exam.
- Take and pass the exam between October 1 and March 31 of the year your certification expires. You may make one attempt in the last six (6) months of your certification cycle to demonstrate continued cognitive competency by taking an exam in lieu of documenting continuing education. An abbreviated recertification application will become available through your NREMT account upon successful completion of the exam.
- Return your completed abbreviated recertification application by March 31 of the year your certification expires with signatures and supporting documentation.

All other recertification requirements (including felony statement, CPR, ACLS, active affiliation/practice, verification of skills, etc.) must still be met and verified.

Continuing Education Option

- Complete a total of 72 hours of continuing education including:
 - A state or CECBEMS (F1, F2, F3*, F5) approved 48 hour Paramedic refresher or equivalent state or CECBEMS approved continuing education.
 - 24 hours of additional state or CECBEMS (F1, F2, F3*, F5) approved EMS-related continuing education.
- Pay the \$20 (US funds only) non-refundable processing fee at the time of submission of application.

All continuing education hours, to include the refresher, must be completed within the current certification cycle. Education completed prior to your previous March 31 expiration date will NOT be accepted. If this is your first time to recertify, only education completed after the date you became nationally certified will be accepted.

***† See chart for detailed continuing education requirements.**

Reinstatement

If you fail to submit your application by your March 31 deadline you may seek reinstatement of your National EMS Certification until April 30 of your expiration year for a \$50 reinstatement fee in addition to your \$20 processing fee (\$70 total).

Note: All educational requirements must have been completed by March 31.

Lapsed Certification

If your National Certification lapsed within a two-year period or you are currently state-licensed as a Paramedic, you can obtain National EMS Certification by completing a state-approved refresher course and successfully completing the cognitive and psychomotor examinations. If your National EMS Certification lapsed beyond a two-year period and your state license has also expired, you must apply to re-enter the National Registry via the Paramedic Re-Entry Policy (available at www.nremt.org).

Terms of Recertification

In applying for recertification registrants agree to comply with all recertification requirements, rules and standards of the NREMT. The registrant bears the burden of demonstrating and maintaining compliance at all times. The NREMT considers individuals to be solely responsible for their certification.

Individuals must notify the NREMT within 30 days of change of mailing address. Change of mailing address can be made via our website: www.nremt.org

Individuals must notify the NREMT within 30 days of any felony convictions

Individuals must notify the NREMT within 30 days of any disciplinary action taken by any state that has resulted in the following:

- Suspension, revocation or probation of state license or certification
- Voluntary surrender of state license or certification while under investigation.

Requirements	NOTE: A total of 72 hours of continuing education is required to recertify.	
1. Refresher (48 hours)	The Paramedic refresher course can be completed through two different options: (1) Traditional refresher course* (2) Continuing education topic hours** Completion of a state or CECBEMS (F1, F2, F3*, F5) approved 48 hour Paramedic refresher course. The Paramedic refresher may be completed by state or CECBEMS (F1, F2, F3*, F5) approved continuing education and must include both mandatory and flexible content.* <p style="text-align: center;">See the reverse side of this brochure for more information.</p> <p><i>*A maximum of 10 hours can be applied from Distributive Education (online, CECBEMS F3, video, or magazine-based) towards this section and must be state or CECBEMS approved.</i></p> <p><i>**Some states require the traditional refresher course and will not accept continuing education hours. Please refer to your state's particular requirements.</i></p>	
2. Additional EMS-Related Continuing Education (24 hours)	All additional EMS-related continuing education must be state or CECBEMS (F1, F2, F3 [†] , F5) approved. [†] The following are maximum hours per course that can be applied towards Additional Continuing Education: <ul style="list-style-type: none"> • A maximum of 12 hours can be applied from any one topic area • Hour-for-hour credit can be applied for standardized courses (including, but not limited to, ABLs, ACLS, AMLS, EMPACT, EPC, ITLS, PHTLS, PALS, PEPP, etc.) 	<ul style="list-style-type: none"> • A maximum of 12 hours can be applied from each of the following courses: Teaching CPR - Emergency Driving - Dispatch Training • Credit can be applied for college courses that relate to your role as an EMS professional (1 college credit = 8 hours of continuing education, not to exceed 12 hours per topic). For example, but not limited to anatomy, physiology, biology, chemistry, pharmacology, psychology, sociology, statistics, etc. <p>[†] A maximum of 12 hours can be applied from Distributive Education (online, CECBEMS F3, video, or magazine-based)</p>
3. CPR Certification	Submission of a CPR-BLS for Healthcare Providers or equivalent credential that is current on your March 31 expiration date. Verification may be in the form of an instructor's signature or a copy of both sides of the card.	
4. ACLS	Submission of a current ACLS credential that is current on your March 31 expiration date. Verification must include a copy of both sides of the card or a statement of equivalent competency per affirmation of the Medical Director.	

To obtain locations for continuing education, contact your state EMS office or local EMS training center.

Hours from the following courses can be applied hour for hour with no maximum: ATLS, EMS Course Instruction, and Wilderness EMS

Courses that **cannot** be applied towards continuing education include: Clinical rotations, CPR, instructor courses, management/leadership courses, performance of duty, preceptor hours, serving as a skill examiner, and volunteer time with agencies